

# February 2026 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Chinese Chicken Salad w/ Crunchy Noodles & Green Dressing, Oranges, Brown Rice <i>V &amp; Vegan: ok</i>	3 Baked Ziti, Steamed Vegetables, Fruit <i>V &amp; Vegan: Pasta with Marinara Sauce</i>	4 Black Bean Burger, Baked Sweet Potato Wedges, Fruit <i>V &amp; Vegan: ok</i>	5 Fish Tacos, Cabbage Salad, Fruit, Green Salsa <i>V &amp; Vegan: Brown Rice &amp; Black Beans</i>	6 Potato Corn Chowder, Grilled Chicken, Rolls, Fruit <i>V: No Chicken Vegan: Steamed Broccoli, Brown Rice</i>	7
8	9 Pesto Pasta w/ Pumpkin Seeds, Black Bean & Corn Salad, Fruit <i>V &amp; Vegan: ok</i>	10 Tomato Basil Soup, Grilled Cheese Sandwich, Apples <i>V: Ok Vegan: Avocado Sandwich / grilled vegetables</i>	11 Spaghetti & Turkey Meatballs, Steamed Vegetables, Fruit <i>V &amp; Vegan: Spaghetti w/ Marinara (on the side)</i>	12 Falafel, Hummus, Pita, Fruit <i>V &amp; Vegan: ok</i>	13 Black Bean Chili, Brown Rice, Steamed Vegetables, Fruit <i>V &amp; Vegan: ok</i>	14
15	16 Grilled Chicken, Spanish Rice, Steamed Vegetables, Fruit <i>V &amp; Vegan: Marinated Tofu</i>	17 Vegetable Sushi Rolls, Edamame, Fruit <i>V &amp; Vegan: ok</i>	18 Vegetable Soup, Tuna Salad Sandwich, Fruit <i>V &amp; Vegan: Avocado Sandwich w/ grilled vegetables</i>	19 Tofu & Vegetable Stir Fry, Brown Rice, Fruit <i>V &amp; Vegan: ok</i>	20 Mushroom & Cheese Pizza, Steamed Vegetables, Fruit <i>V: ok Vegan: Pizza no dairy</i>	21
22	23 Penne w/ Bolognese, Grilled Vegetables, Fruit <i>V &amp; Vegan: Vegan Bolognese (sauce on side)</i>	24 Tortilla Soup, Cheddar Cheese, Rolls, Fruit <i>V: ok Vegan: No cheese</i>	25 Macaroni and Cheese, Crispy Kale, Fruit <i>V: ok Vegan: Pasta w/ marinara</i>	26 Shepards' Pie, Asparagus, Oranges <i>V &amp; Vegan: Polena cakes w/ marinara</i>	27 Lo Mein Noodles w/ Stir Fried Vegetables and Tofu, Steamed Carrots, Fruit <i>V &amp; Vegan: ok</i>	28